

Junior High School 2020-2021 Lunch & Breakfast Menu



LITTLE MIAMI
S C H O O L S

Prices
Breakfast \$1.70 • Reduced \$0.30
Lunch \$2.80 • Reduced \$0.40
Extra Milk \$0.55 Adult Meals \$4.10
Menu is subject to change without notice

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

BREAKFAST	Cinnamon Sugar Donut Assorted Juice/Fruit Milk	Sausage Gravy w/Southern Style Biscuit Assorted Juice/Fruit Milk	Egg & Cheese Bagel Assorted Juice/Fruit Milk	Egg & Cheese Wrap Assorted Juice/Fruit Milk	Churro/Funnel Cakes Assorted Juice/Fruit Milk
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ADDITIONAL BREAKFAST OPTIONS ARE AVAILABLE DAILY.

MENU #1	Chicken Tenders Dinner Roll Mashed Potatoes w/Gravy Sliced Carrots Assorted Fruit/Milk	Macaroni & Cheese Dinner Roll Broccoli Celery Sticks Assorted Fruit/Milk	Doritos Walking Taco Salsa & Shredded Lettuce Refried Beans Seasoned Corn Assorted Fruit/Milk	Toasted Cheese Sandwich Tomato Soup Side Salad Marco's Pizza Day Assorted Fruit/Milk	French Toast w/Sausage Hash Brown Patty Salad Assorted Fruit/Milk
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MENU #2	Hot Ham & Cheese Pretzel Sandwich Seasoned Green Beans Carrot Slices Assorted Fruit/Milk	Chili Cheese Coney Dog Broccoli Salad Assorted Fruit/Milk	Panther Popcorn Chicken Bowl w/Roll Mashed Potatoes w/Gravy Seasoned Corn Assorted Fruit/Milk	Double Double Burger Vegetable Soup Baked Beans Assorted Fruit/Milk	Chicken Baconator Sandwich Sweet Potato Fries Caesar Salad Assorted Fruit/Milk
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MENU #3	Meatball Grinder Broccoli Cucumber Slices Assorted Fruit/Milk	Mozzarella Sticks w/Pizza Sauce Seasoned Green Beans Side Salad Assorted Fruit/Milk	Chicken OR Beef Cheese Burrito Refried Beans/Rice Salsa, Shredded Lettuce, Diced Tomatoes, Sour Cream Assorted Fruit/Milk	BBQ Boneless Chicken Wings Dinner Roll Celery Seasoned Corn Assorted Fruit/Milk Marco's Pizza Day	Chicken Waffle Sandwich Hash Brown Patty Carrot Slices Assorted Fruit/Milk
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MENU #4	Tangerine Chicken Broccoli Baby Carrots Rice Assorted Fruit/Milk Chicken Egg Roll \$1 Extra	Hash Brown Stacker w/Cheese & Eggs Biscuit Sweet Potato Casserole Assorted Fruit/Milk	Beef & Cheese Taco Salad w/ Salsa, Shredded Lettuce & Sour Cream Rice/Refried Beans Assorted Fruit/Milk	Pepperoni Calzone w/Pizza Sauce Green Beans Caesar Salad Assorted Fruit/Milk	Cincinnati Chili 4-Way Carrot Slices Seasoned Corn Assorted Fruit/Milk
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Menu and variety of offerings are subject to change due to product availability or staffing shortage due to the COVID-19 pandemic.

- ALTERNATE MEAL CHOICES:**
SERVED EVERYDAY: Hamburger, Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich, Ham & Cheese Sub, Ham/Turkey & Cheese Sub, Turkey & Cheese Sub
MON & WED: Cheese or Pepperoni Pizza Slice
TUES & THUR: Cheese Filled Breadstick w/Pizza Sauce
FRI: Soft Pretzel w/Cheese Sauce
Baked French Fries will be offered on Tues and Thurs for \$1.00 with the purchase of a meal. Fries will not be sold separately without a lunch purchase.

- For complete nutritional and allergen information download the "My School Menus" mobile app or visit www.littlemiamischools.com >> Departments >> Food Services >> Menus.
- Cash or check payments may be sent in with your student. To keep lines moving smoothly and quickly we do not give change at the register. Surplus funds will be added to the student's lunch account for future purchases.
- Online payments can be made by credit card at www.spsezpay.com/LittleMiami/login.aspx.
- Smartsnack compliant extras are available
 - Chips, Ice Cream \$0.85
 - Yogurt, Cheese Stick, Cookies, Juice Box \$0.75
 - Goldfish Crackers, Pretzel, Cheezits \$0.55
 - Fruit Snacks, Rice Krispie Treats, Bottled Water \$1.00
- Charging is allowed for meals only. Students may charge up to \$8.00. Families are responsible for negative balances. Students at the charge limit may be offered an alternate meal of a cheese sandwich, fruit, vegetable and milk.
- Please contact Rachel Tilford, Food Service Director for any life threatening allergies, special diet needs or purchase restrictions at 513-899-5130 or rtilford@lmsdoh.org.
- Free and Reduced Price Meal application is available online at <https://lpayschoolscentral.com>, paper copies are available in any school office.

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.
This institution is an equal opportunity provider.

AUGUST 2020	SEPTEMBER 2020	OCTOBER 2020	NOVEMBER 2020	DECEMBER 2020	JANUARY 2021	FEBRUARY 2021	MARCH 2021	APRIL 2021	MAY 2021
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9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	7 8 9 10 11 12 13	7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15
16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	14 15 16 17 18 19 20	14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22
23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	21 22 23 24 25 26 27	21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29
30 31	27 28 29 30	25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	28	28 29 30 31	25 26 27 28 29 30	30 31